** EDUCATION AUTHORITY – NORTH EASTERN REGION-**

 **MEAL PLAN SCHOOL MEALS KITCHEN**

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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **WEEK****\\3033326-FS01\NonTeachersFolders$\smcalister055\Pictures\strawberry.png1** | **Fish Fingers, garden peas, homemade potato wedges with sweet chilli dipping sauce****Crusty Bread****Kiwi & Strawberry egg sponge** |  **Chicken curry,** **Boiled rice, naan bread & carrot sticks****Brownie & chocolate flavoured sauce** | **Cottage Pie****Sweetcorn,****Finely Diced peppers****Mashed potatoes****Wheaten Bread****Watermelon Slice & Yogurt** | **Roast Beef, stuffing,** **baton carrots, broccoli****Mash & oven dry roast potatoes, gravy****Fresh fruit topped Ice-cream Sundae** | **Chicken bites, baked beans****Salad, coleslaw****Chips / homemade Chilli potato skins****Wholemeal bread****Cheese & crackers with cut grapes** |
| **WEEK****2****N:\Pictures\apple.png** | **Pasta Bolognaise****Carrot batons** **Crusty Bread** **Yogurt & trio of fruits** | **Fish Fingers, Baked beans****Mashed potatoes,** **Wholemeal bread****Chocolate & Pear sponge with Dairy Custard** | **Steak Burger in Bap****Salad, Coleslaw** **Homemade spiced cubed potatoes****Strawberry Shortcake Stack** | **Roast Turkey** **Stuffing, Sliced green beans,****Diced carrots & parsnips** **Dry oven roast and mashed potatoes****gravy.****Summer fruits and yogurt** | **Gourmet homemade pizza with chicken and tomato topping****Side salad, pineapple salsa****Chips/baked potato****Fresh fruit salad & yogurt** |
| **WEEK****N:\Pictures\banana.png3** |  **Pasta Bolognaise****Side salad****Crusty Bread** **Strawberry Swiss roll with****Dairy custard**  | **Chicken Curry with boiled rice****Carrot sticks &****Naan bread****Chocolate cookie with banana chunk****Milkshake** | **Oven baked breaded fish****Baked beans, Mashed potatoes****Crusty Bread****Forest Fruits & Yogurt** | **Roast Beef, stuffing,** **Cabbage, carrots & parsnips****Mash & oven dry roast potatoes, gravy****Pear Conde ( cold rice with pear & glaze)** | **Hot Dog****Saute onions, Sweetcorn salsa****Side salad, Chips****& potato salad****Fresh Pineapple ring & Yogurt** |
| **WEEK****N:\Pictures\orange.png4** | **Fish Fingers, Beans****Mashed potatoes****Crusty Bread****Melon wedge & Frozen yogurt** | **Chicken Curry, boiled rice****Carrot sticks****Naan Bread.****Fruit filled Meringue shell drizzled with Vanilla custard** |  **BUFFET****Selection of sandwiches****Chicken, cheese, tuna, ham****Pizza fingers, Cocktail sausages & carrot sticks****Fruit muffin, Banana & Milkshake** | **Roast Pork & Stuffing****Diced turnip. Broccoli florets****Mashed potatoes, Oven baked dry roast potatoes****Gravy****Cheese & crackers with cut grapes** | **Hawaiian Salad Burger****Asian Slaw****Chips/ Homemade crunchy paprika wedges****Medley of fruit & Yogurt** |

*NB: Milk, water served alongside every set meal.*

**For further information on allergenic ingredients please contact the school.**

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