TOPIC Term 3: Are You Wise?

TASK: Create a shopping list and the total bill to prepare a particular meal. Compare any two of the following: Tesco, Sainsbury's, SuperValu, Asda and Lidl.

Choose one of these family meals to prepare:

- Spaghetti Bolognese
- Sausage, beans and mash
- Macaroni cheese
- Pizza and chips
- Chicken curry and rice





Moneywise

1) Choose the first of the two supermarkets you are comparing, and research prices of ingredients for your meal.

2) Make a list of the ingredients you will need (you will find the recipe online if you don't know it already) and the quantity of each ingredient needed.

3) Find the prices of each item you need for your meal and write it down.

4) Work out the total cost of the meal for that particular supermarket.

5) Now do the same for the other supermarket you want to compare it against.

6) You should have 2 lists and 2 total bills, one for each supermarket.

7) Which is the cheapest? Most expensive? By how much?

(You could even have a go at cooking dinner tonight!!)

