

A network diagram on a black background with nodes and connecting lines in red, yellow, and white. The nodes are small circles, some with a central dot, and the lines are thin and curved, creating a complex web of connections.

Internet Safety Week

8th – 12th February 2021

Using the Internet in School

Teacher training
on e-safety

Monitor what
children see

Schools have a responsibility when it comes to e-safety: to ensure the school's online rules keep children safe, and to teach them about online safety, in and outside of school. This includes the following:

Work with
parents

Provide Support

Educate children
about dangers on
the web



Social Media

Social media is often essential to young people's lives—it's how they keep in touch and communicate with friends, family and schoolmates.

Mobile phones and tablets mean that people can be on social media at any time.

This can provide new opportunities to learn and express yourself. But it can also present risks, such as bullying.

Schools can use social media as a helpful resource to improve engagement in the classroom, celebrate student's work, or circulate news, activities and events to parents and carers, such as Microsoft Teams.



What to do if you are concerned about something you have come across?

Seeing something online can make you feel scared or worried. There are places you can go and people you can speak to for help. Here are two tips to stay safe:

Report it

If you've seen something online that makes you feel uncomfortable or upsets you, it's important to report it where you can.

If it's on a social media site or app, you can ask for help from a person you trust to help you find the right way to report it to them.



Talk about it

Speak to an adult you can trust about what you've seen. It could be a family member or teacher. They might be able to help, or explain things to you in a better way.

BE SMART ONLINE



S

SAFE

Keep your personal information safe. When chatting or posting online don't give away things like your full name, password or home address. Remember personal information can be seen in images and videos you share too. Keep them safe to keep yourself safe.



M

MEET

Meeting up with someone you only know online, even a friend of a friend, can be dangerous as this person is still a stranger. If someone you only know online ever asks you to meet up, for personal information or for photos/videos of you then tell an adult straight away and report them together on www.thinkuknow.org.uk

THINK
U
KNOW

A

ACCEPTING

Think carefully before you click on or open something online (e.g. links, adverts, friend requests, photos) as you never know where they may lead to or they may contain viruses. Do not accept something if you are unsure of who the person is or what they've sent you.



R

RELIABLE

You cannot trust everything you see online as some things can be out of date, inaccurate or not entirely true. To find reliable information compare at least three different websites, check in books and talk to someone about what you have found.



T

TELL

Tell a trusted adult if something or someone ever makes you feel upset, worried or confused. This could be if you or someone you know is being bullied online. There are lots of people who will be able to help you like your teachers, parents, carers or contact Childline – 0800 11 11 or www.childline.org.uk



BE SMART WITH A HEART

Remember to always be smart with a heart by being kind and respectful to others online. Make the internet a better place by helping your friends if they are worried or upset by anything that happens online.



Rules and staying safe

The Internet is a fantastic resource filled with so many wonderful things to see and do. It's a great way to keep in touch with people you know and trust. It can also be a bit scary too, because not everyone you talk to on the internet is your friend. There are rules you must always follow to keep yourself safe. It's just like learning about stranger danger, only online. So don't be frightened, and learn these simple rules to play it S.M.A.R.T. on the internet.

Why the Internet can be a good thing

Here are several reasons why I think that the Internet can be a good thing:

- Staying in touch with family and friends, especially in current times.
- Being creative, there are many useful resources online to be creative.
- Completing home schooling and conducting research to help with schoolwork and projects.
- Having fun, playing games, educational or online gaming with my brother, cousins and school friends.
- Streaming my favourite TV shows or films.





Internet Safety Week

A GUIDE TO SAFELY USING THE
INTERNET BY RYAN FLEMING P7